WISCONSIN DEPARTMENT OF PUBLIC INSTRUCTION

Tony Evers, PhD, State Superintendent

Date: March 23, 2015

To: Child and Adult Care Food Program Authorized Representatives

From: Community Nutrition Team

Subject: Celebrate CACFP During National Nutrition Month!

Here's some fun for every day this week:

Mixing Bowl Monday: Try the ***Eagle Pizza*** recipe for **centers** or **homes** from the USDA's ***What's Cooking? Mixing Bowl*** Web site. You can also download a cookbook or create your own!

Terrific Tuesday: Choose and try some of the terrific ways to serve cantaloupe, squash, peaches, spinach, strawberries, and sweet potatoes from ***Grow It, Try it, Like It!*** (Book 1-The Basics, Page 48).

Walking Wednesday: Get active by taking a walk around your neighborhood! Looking for other ways to be active? Check out the "**Encourage Active Play and Participate with Children**" Tip Sheet from ***Nutrition and Wellness Tips for Young Children: Provider Handbook for the CACFP.***

Tips for Thursday: Share tips for healthy eating and physical activity with parents and other caregivers by sending home ***Nibbles for Health*** newsletters.

Try-Day Friday: Get Inspired with ***The Two-Bite Club*** and try something new! Share with others by displaying the ***Make Today a Try-Day in CACFP Poster/Sticker set.***

For more ideas, look for Team Nutrition's CACFP e-Newsletter later this week!
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The Team Nutrition E-Newsletter is published periodically to share Team Nutrition resources developed by USDA and/or by State agencies (with Team Nutrition grant funding), and to share ideas for promoting healthy eating and physical activity through Team Nutrition at the State and local levels.

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